

Requirements for Pad For Pad Implementation Partners

Revised march 2020



Eco Femme is happy to extend its Pad For Pad program and provide both menstrual health education and washable cloth pad kits (including 4 cloth pads, a travel/storage pouch, and instruction leaflet) to adolescent girls from economically disadvantaged backgrounds.

In order to participate, an implementation partner (whether individual or institutional) must have formal permission from an educational facility and should be able to fulfill the following requirements:

Implementation Requirements:

1. Identify a female staff member, teacher, or program leader who is motivated to facilitate the session
2. Reach the target group: adolescent girls (10-19 yrs, menstruating) who come from an economically disadvantaged background - ideally starting with girls in 8th Standard
3. Reach out to a **minimum 250 nos. of girls in a year.**
4. Begin with a pilot program reaching at least 25 girls
5. Keep the number of girls in upcoming education sessions to a max of 35.
6. Follow the basic outline which requires a minimum 3 hours contact time with the girls - we recommend this be split over 2 x 1 ½ hour sessions. We can provide you with all the information you will need to conduct this session including instructions in the safe use and care of washable cloth pads. *Our program and topics covered conforms with the national MHM guidelines and can supplement an existing menstrual educational program you might already have.*
7. Conduct an evaluation with 10% of the overall number of girls reached within a year at least 3 months after the completion of the educational session. We will provide evaluation tools and training for you to do this.
8. Offer Eco Femme's washable cloth pads freely and without compulsion to accept.
9. Collect and share with us data on the participants: names, age, location (village/town/city, district, state) along with documentation of the educational session: photos and a write up for our records which we can share in reports, and social media (please make sure you have necessary permissions for sharing images which we may use on social media).

We are especially interested in creating partnerships with institutions who can implement the Pad for Pad program regularly and in an ongoing way (at least once or twice a year with new girls each time).

Eco Femme: Saracon campus, Kottakarai, Auroville 605101 Tamil Nadu, India

valli@ecofemme.org

+91 9159321107

www.ecofemme.org

Next steps

If having read these requirements and you are confident you can fulfil them and would like to formalise a partnership, write back to valli@ecofemme.org

In your mail please tell us:

- Short description of the girls in your target group and where you will be conducting the sessions
- Outline your plans - indicate when you would plan to conduct the pilot and how many sessions you plan to conduct in order to meet a target of minimum 250 girls
- Tell us a bit about the experience of the person who would be responsible for facilitating the education session and let us know if she will need support/training.
- Is Menstrual health education already part of your programs. If not, why do you want to include it?
- Are you aware of the prevailing practices around menstruation for girls in your area e.g. what products they typically use, how they access them including spending, govt pad distribution scheme, cultural practices e.g. ritual seclusion. Please share what you know with us.
- Send us a website link to your organisation if applicable.

Thereafter we can assess compatibility and if everything looks good we will prepare an MoU and work towards getting you started on a pilot program with up to 30 girls. Based on the success of the pilot, we will be happy to continue partnership.

For more information or if you have further questions, please contact valli@ecofemme.org